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## **NECK LIFT**

## **SHORT INFO**

Neck lift in combination with face lift
Operation time: 4 - 5 hours
Anaesthesia: general
Hospital stay: ca. 2 nights
Presentable: after ca. 2 weeks
Sports: after 4 weeks

The ageing process of the skin at the neck usually gives rise to two conspicuous longitudinal wrinkles near the centre and a double chin resulting from the combination of excess skin and a local surplus of fat.

The problem-oriented surgery is dedicated to removing the marring fat pad and correcting the longitudinal wrinkles by joining and/or interlocking the longitudinal ligaments that cause them. This correction by way of a 3 - 4 cm long incision below the chin will also serve to restore a natural angle between the lower chin area and front region of the neck, which has usually been excessively flattened for reasons of age.

This operation needs to be combined with a lower face lift in most cases. If it will do on its own, it can also be performed as an out-patient procedure under local anaesthesia.