

**Ordination**

**Prof.Dr. Manfred Frey**

Feldgasse 23/15 A-1080 Vienna

Tel +43 (0)1 409.09.09

Fax +43 (0)1 409.09.09-4

**Confraternität**

**Private Clinic Josefstadt**

Skodagasse 32 A-1080 Vienna

Tel +43 (0)1 401.14-0

**International Center for Facial Nerve Surgery**

**Prof. Dr. Manfred Frey**

Feldgasse 23/15 A-1080 Vienna

Tel +43 (0)1 409.09.09

Fax +43 (0)1 409.09.09-4

FACE LIFT

SHORT INFO

Operation time:	3 - 5 hours
Anaesthesia:	general
Hospital stay:	ca. 2 nights
Presentable:	after ca. 2 -3 weeks
Sports:	after 4 weeks

As the signs of ageing skin are most exposed in the face, they are also most clearly perceived by others there. They not only involve a loss of elasticity in the skin itself, but the mimetic musculature is also losing its muscle tone. Due to gravity, the skin and fat tissues start sagging downwards and form wrinkles. This makes the facial expression appear tired and exhausted, and in most cases also inappropriately sad. This discrepancy between the outer appearance and inner attitude to life also gives rise to the wish of regaining a younger, fresher and hence more attractive appearance by way of a face lift.

My many years of professional experience have enabled me to learn a great number of new operation techniques, from classical face lifting via methods where not only the skin is lifted, but also the layers of mimetic musculature, and through to face lift techniques where the youthful contours of the face are restored by shifting local fat tissue, or also by transplanting fat tissue from other parts of the body. My most important treatment objective in all these varied operation techniques always remains the restoration of a natural, harmonious and fresh appearance that will not be recognized as the result of a face lift by others, and also not change the character of the face.

**SMAS (superficial musculoaponeurotic system) facelift**

If pronounced wrinkling is to be corrected in the cheek area, above the lower jaw and at the neck, the excess skin needs to be mobilized and lifted along with the layers of muscle and connective tissue.

The incisions required start at the hairy part of the temple, are hidden in the small fold in front of the ear, then navigate around the base of the earlobe, and finally disappear behind the ear and/or in the hairline at the nape. This portal is initially used to lift the slackened mimetic muscle system along with the excess skin above it. This way the face's natural expressions will be preserved and the effect will be more long-lived.

**Ordination**

**Prof.Dr. Manfred Frey**

Feldgasse 23/15 A-1080 Vienna

Tel +43 (0)1 409.09.09

Fax +43 (0)1 409.09.09-4

**Confraternität**

**Private Clinic Josefstadt**

Skodagasse 32 A-1080 Vienna

Tel +43 (0)1 401.14-0

**International Center for Facial Nerve Surgery**

**Prof. Dr. Manfred Frey**

Feldgasse 23/15 A-1080 Vienna

Tel +43 (0)1 409.09.09

Fax +43 (0)1 409.09.09-4

---

**FACE LIFT**

**SHORT INFO**

Operation time:	3 - 5 hours
Anaesthesia:	general
Hospital stay:	ca. 2 nights
Presentable:	after ca. 2 -3 weeks
Sports:	after 4 weeks

(continued)

**Forehead lift**

If the skin at the forehead is very wrinkly and/or the eyebrows have lowered too much, an endoscopic forehead lift should either be applied separately or in a combined operation.

It will only require three short incisions in the hairline of the forehead. Using an endoscope, the musculature that is usually responsible for conspicuously deep wrinkles is then weakened, and/or the forehead's skin tightened, while also lifting the eyebrows.

This face lift is more surgery-intensive, but will also last longer, and is usually performed under general anaesthesia in the course of a three-day hospital stay. A soft head bandage providing support after the operation needs to remain in place for ca. one week. The swellings and bruises will have largely subsided after two weeks, meaning that presentability will be restored again after two to three weeks.